KVARNER HEALTH TOURISM CLUSTER

Health & Holiday all in one place
By road

It takes just a few hours drive to reach Kvarner from European countries by car, as the region has good connections to all European capitals.

This is best shown on geographic maps. They show how Kvarner and the surrounding Adriatic Sea are deeply recessed into the mainland, thus representing the meeting place of the Mediterranean and Central Europe as well as a close neighbour to Ljubljana, Vienna, Trieste, Venice, Milan, Munich, Budapest, etc.

Traffic and road conditions >> www.hak.hr

By air

Kvarner is connected by air to many European cities via scheduled, low-cost and charter flights. Rijeka International Airport lies on the island of Krk, at the very heart of the region. The unforgettable views of the azure Mediterranean are therefore, for many travellers, the first experiences of the Kvarner region. Kvarner also has two airfields – one on the island of Lošinj, the other in Grobnik in the hinterland of Rijeka.
With the desire to offer its guests a complete range of health tourism services following the global trends and to raise the quality to an even higher level, the Kvarner Health Tourism Cluster was established – you are holding our brochure in your hands. The synergy of public and private institutions from three different segments - health, tourism, science and education, make the Kvarner Health Cluster unique not only in Croatia but also in Europe.

The cluster is guided by the vision of the Kvarner Bay as a tourist destination positioned among the leading health destinations on the map of Europe and beyond, which will offer high quality health tourism services throughout the year, based on contemporary trends, resources and tradition.

This basis is a guarantee that all those who want to improve their health and choose the Kvarner Bay have made the right decision. They will visit a place where it is possible to attain fully physical, psychological and spiritual well-being – everything that makes up the essence of health.
Kvarner is the tourism brand name for the Primorje-Gorski Kotar County and it encompasses the coastal areas of Opatija, Rijeka, Crikvenica and the islands of Krk, Rab, Cres and Lošinj, along with the mountainous hinterland. The coast, the islands and the mountains provide for a variety of experiences in nature – from walking, hiking and cycling to playing tennis, swimming in the sea, enjoyable daytrips, sightseeing tours of historical towns and cultural events. In addition, the Kvarner region features a particularly beneficial climate – simply breathing the sea air and the fragrances of aromatic plants and green forests will essentially invigorate the body and the mind. The Kvarner region, as a tourist destination, is also well known for its superb Mediterranean cuisine, excellent wines, natural and cultural heritage together with a long tradition of health tourism.

THE KVARNER REGION
A SUMMARY OF HEALTH AND WELLNESS

Kvarner is the tourism brand name for the Primorje-Gorski Kotar County and it encompasses the coastal areas of Opatija, Rijeka, Crikvenica and the islands of Krk, Rab, Cres and Lošinj, along with the mountainous hinterland. The coast, the islands and the mountains provide for a variety of experiences in nature – from walking, hiking and cycling to playing tennis, swimming in the sea, enjoyable daytrips, sightseeing tours of historical towns and cultural events. In addition, the Kvarner region features a particularly beneficial climate – simply breathing the sea air and the fragrances of aromatic plants and green forests will essentially invigorate the body and the mind. The Kvarner region, as a tourist destination, is also well known for its superb Mediterranean cuisine, excellent wines, natural and cultural heritage together with a long tradition of health tourism.

The Kvarner region has been a brand name in health tourism since the late 19th century, when, as part of the Austro-Hungarian Empire, certain spots were proclaimed as “climatic health resorts”.

Our Adriatic Sea contains more than 80 essential minerals. The temperature of the sea reaches 26°C in summer, sometimes remaining as high as 27°C in spring and autumn. Also, Kvarner has numerous freshwater springs and lakes and is a significant area for the preservation of biodiversity. It is therefore understandable that medical experts recommend the benefits of staying here with a particular emphasis on the effects of seawater and highly concentrated sea air. Today, marine-based treatments and climate elements continue to be key features of therapies in the area and some therapeutic centres have been active for more than half a century.

Yet another level where Kvarner qualifies among the top European destinations is medical tourism. A wide range of clinics, polyclinics, dental clinics and thalassotherapy centres combines highly qualified medical teams and modern equipment offering specialized services in the field of orthopaedics, physical rehabilitation, cosmetic surgery, dental implantology, dermatology, and many more.

There can be no mistake in trusting the quality of the medical facilities of the Kvarner region. In brief, the Kvarner region is an acknowledged and a well-established tourist destination.

Contact:
+385 (0)51 272 988
+385 (0)51 272 909
www.kvarner.hr
kvarner@kvarner.hr

KV ARNER REGION TOURIST BOARD
The Crikvenica Riviera lies in the embrace of the blue, clear sea and the green outback of Vinodol. It is graced with a healthy and mild climate, beautiful nature and rich cultural and historical heritage. The ideal destination for socializing with friends, holidaying with your family, enjoying an active vacation on the move or relaxing on the beach.

The heart of the Riviera is the town of Crikvenica, the proud owner of the most beautiful beach on the Adriatic Coast. Three other towns - Selce, Dramalj and Jadranovo are ideally located making sure everything is at your disposal.

The Riviera has a rich history to feed the imagination, its city squares and street corners transform into open-space theatre sets, its gastronomy highlights both the traditional and the modern, offering a combination of unique tastes of the Mediterranean and the infallible drop of Vinodol wine. The Riviera challenges its fitness, health and recreation enthusiast visitors with superb offers.

For over 130 years the natural healing components of the Crikvenica Riviera have worked to reveal a unique formula for good health - here the healthy sea air blends with the fresh mountain air only to enhance the scents of local aromatic herbs and sea salt drops.

You will enjoy walking through the Love Path, exploring Kissing Spots, walking through the Mediterranean labyrinth of love ... Here you will also find that special attention is given to pets, your friendly companions.

In an area where the sun blissfully loves the sea, where tiny drops of well-being spring from all around, it is easy to forget the time and let yourself slide with a tide of positive energy.

When you are in need of a blue-green hug, some nourishment for both body and soul, yearning for closeness to nature, the Crikvenica Riviera awaits as your most trusted friend.

**THE CRIKVENICA RIVIERA – AN OASIS OF WELLBEING**

Contact:
+385 (0)51 784 101
www.rivieracrikvenica.com
info@tzg-crikvenice.hr

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The mild climate, rich biodiversity, more than 1018 plant species, 239 of which are medicinal herbs, crystal clear sea and clean air, more than 200 sunny days a year and a pleasant atmosphere are just some of the benefits that make Lošinj today a well-known aromatherapy centre – a destination for vitality, health tourism, and for all environmentally-conscious guests.

Lošinj was proclaimed a climatic health resort by the decree of the Ministry of Health of the Austro-Hungarian Monarchy in the 19th century, and today it is the perfect place for achieving balance of mind and body.

The tradition of health tourism for over 125 years is an important segment of the offer, and the combination of the scent of dense pine forests, medicinal herbs and aerosols of the sea create a unique aromatherapy in the open air.

Apart from the natural aromatherapy which you will feel on your first step in Lošinj, there are many other reasons why you will be glad to return to this veritable island of vitality:

**Why Lošinj?**
- numerous breath-taking beaches and hidden coves
- magical sunsets
- vistas from which the view creates a postcard to remember
- islands with more than 200 resident dolphins
- a diverse range of outdoor activities, wellness and wellbeing programs
- more than 250 km of hiking and biking trails
- a modern and unique museum dedicated to only one exhibit - a statue of Apoxyomenos, over 2000 years old, found on the sea bottom near Lošinj
- Lošinj Nerezinac Lugger - Sailing Interpretation Centre
- numerous sports, traditional, concert and festival events
- light Mediterranean diet and more ..

**LOŠINJ – ISLAND OF VITALITY**

Contact:
+385 (0)51 231 884
+385 (0)51 231 547
www.visitlosinj.hr
losinj@visitlosinj.hr
THE QUEEN OF THE ADRIATIC

Opatija, a magnificent coastal town on the Adriatic Sea and a well-known 19th-century health resort, lies at the centre of the Riviera with the longest tradition of tourism in Croatia. Well-maintained public gardens, the illuminated coastal promenade Lungomare, well-kept beaches and fountains provide a stunning backdrop for the vibe and hotels that cater comfortably to more than 9,000 guests.

NATURAL HERITAGE

It is hard to describe Opatija's luxuriant green and blue. Angels' Park is one of the most celebrated parks in Croatia and the most famous park in Opatija. Between lush parks and magnificent villas on the one side and foaming waves on the other, there lies the 10-km-long Lungomare promenade. In the hinterland of Opatija there is the Učka Nature Park, with numerous hiking and biking trails.

THE CRADLE OF WELLNESS & HEALTH TOURISM

Opatija was preordained as a destination for wellness and health tourism due to its pleasant Mediterranean climate and the benefits of its sea. The town is ideal for a quiet stay in a relaxing atmosphere.

EVENTS

Throughout the year in Opatija there are always surprises for the guests: from the Carnival and Balinjerađa (a race of vehicles on ball bearings instead of wheels), to the Oasis of Wellness, Gourmet Story of Opatija Riviera and dramatic musical shows "RetrOpatija" all the way to the "Opatija – Imperial City" culminating in the Advent and Chocolate Festival.

GASTRONOMY

The unique position between the sea and the mountains created a specific gastronomic concept which is the combination of light coastal cuisine of fish and seafood and continental specialities, mainly meat dishes.

CREATE YOUR OWN MOSAIC OF EXPERIENCES

The City of Rijeka and its circle of interesting places and facilities are a unique blend of blue and green, dynamic and relaxed, old and new, calm and filled with adrenaline...

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The City of Rijeka and its circle of interesting places and facilities are a unique blend of blue and green, dynamic and relaxed, old and new, calm and filled with adrenaline...

The City of Rijeka is located by the sea and has all the facilities you could want from a Mediterranean tourist centre: beautiful beaches, promenades, squares and streets, a rich program of events and a unique atmosphere. In addition, the rich and diverse surrounding area provides you with the opportunity to escape into tradition, romance, pristine flavours or adrenaline sports and even - why not - a ski resort overlooking the sea. Truly, a unique mosaic!
The Clinical Hospital Center Rijeka is one of five clinical hospital centers in Croatia and the central hospital institution of the western part of Croatia. CHC Rijeka provides a full spectrum of services within its 32 medical departments. It is situated on three locations (Rijeka, Sušak and Kantrida).

This is some of the advanced medical equipment and technology we use:

- SIEMENS SOMATOM Definition Flash high-class 256-slice CT
- Philips Cardiovascular and Pediatric high-class Ultrasound Machine
- 8 Drager ventilators
- Confocal laser endomicroscopy system CELLVIZIO
- Latest generation video endoscopy system VIDEOLAPAROSCOPE EXERA III
- SIEMENS, Stationary Angiographic X-ray system
- Hologic, Selenia Dimensions Mammography system

Annual number of interventions/therapies:

- 270,000 outpatient visits
- 27,000 major surgical procedures
- 1.069
- Total number of beds:
- 2,900,000 outpatient visits
- 27,000 major surgical procedures

Services:

- Internal Medicine
- Surgery
- Obstetrics and Gynecology
- Hyperbaric Medicine
- Dentistry
- Neurology
- Dermatology and Venereology
- Ophthalmology
- Pediatrics
- Otorhinolaryngology

Contact:

www.kbc-rijeka.hr
COMMUNITY HEALTH CENTRE OF PRIMORJE-GORSKI KOTAR COUNTY

The task of the Community Health Centre is to offer health services on the level of primary health care: family medicine, paediatrics, gynaecology, dental medicine, community health service, occupational medicine and laboratory diagnostics, as well as certain services from the area of secondary health care such as X-ray diagnostics, internal medicine, cardiology, pulmonology, endocrinology, ophthalmology, psychiatry, physical medicine and rehabilitation, surgery, oral surgery, dental prosthetics, orthodontics and haemodialysis. It includes an in-patient clinic with 14 beds in Mali Lošinj and five mobile teams of palliative care. Community Health Centre employs a staff of over 800 and covers the whole of Primorje-Gorski Kotar County. In all, its services are established on 88 locations including the mobile teams.

Annual number of medical treatments: 301,640
Annual number of patients: 296,195

Services:
- Primary care - GP, Paediatrics, Gynaecology, Dental medicine
- X-ray diagnostics
- Internal medicine
- Urology
- Ophthalmology
- Oral surgery, Dental prosthetics, Orthodontics
- Occupational and sport medicine
- Laboratory diagnostics
- Haemodialysis and In-patient hospital
- Tourist medicine

Contact:
+385 (0)51 666 000
+385 (0)51 666 001
+385 (0)51 337 405
info@domzdravlja-pgz.hr
www.domzdravlja-pgz.hr

EMERGENCY MEDICINE INSTITUTE OF THE PRIMORJE-GORSKI KOTAR COUNTY

Emergency Medicine Institute of the Primorje-Gorski Kotar County is a health facility that provides non-hospital-based urgent care, performs emergency health care measures for the suddenly ill and/or injured people at the scene of the accident, ensures their urgent transportation to an appropriate health facility and provides the necessary medical attention during transportation. Emergency Medicine Institute has branch offices in 10 locations. Apart from Rijeka, where its headquarters are situated, the Centre operates in the following locations: Crikvenica, Opatija, Rab, Krk, Mali Lošinj, Cres, Diklina, Vrbnik, and Cuban (Istra). Emergency Medicine Institute has at its disposal 46 modern ambulances, with all the necessary medical equipment that modern urgent care requires.


Number of procedures/services per year:
- 27,953 emergency interventions in the field
- 18,446 outpatient examinations in the resuscitation area

Services:
- Providing all medical measures and procedures included in non-hospital-based urgent care
- Urgent transport of patients with a life-threatening condition from one health facility to another, in Croatia or abroad.
- Transport of injured and/or ill foreign citizens to their country with adequate medical escort.

Contact:
+385 (0)51 554 160
+385 (0)51 671 649
ravnatelj@zzhm-pgz.hr
www.zzhm-pgz.hr
HEMODIALYSIS POLYCLINIC INTERDIAL

The Interdial Haemodialysis Clinic was established in 1995 and has been part of the Fresenius Medical Care Group since 2011. The clinic is located at the Ivana Matetića Ronjgova Street No. 6 in Opatija. Clinic employs two doctors, five nurses and 2 maids. There are 12 dialysis stations, equipped with Fresenius Medical Care 5008S dialysis Machines. Medical supplies are also from the same manufacturer – Fresenius Medical Care. The dialysis room is equipped with TV sets, and a meal is included in the price of the dialysis treatment. Every year more than 400 holiday dialysis treatments are provided at the clinic. So far we provided our services to patients from more than 40 countries around the world.

Working hours:
Monday-Wednesday-Friday 07:00 - 19:00 h
Tuesday-Thursday-Saturday 07:00 - 14:00 h

Contact:
+385 (0)51 703 118
+385 (0)51 701 672
www.fresenius.hr
interdial@fmc-ag.com

Total annual number of interventions/treatments: 5,000 procedures of haemodialysis/haemodiafiltration
Total bed capacity: 12
Services:
- Haemodialysis
- Haemodiafiltration

VELI LOŠINJ HEALTH RESORT

The Veli Lošinj Spa is a health centre with tradition of half a century. It is situated in a unique location - on the edge of a pine park forest on the island of Lošinj. The specific microclimatic conditions are particularly beneficial in the treatment of asthma, atopic dermatitis and psoriasis. The spa also offers numerous preventive health programmes using medical wellness procedures.

The newly opened Magnolia Health Center offers services in physical medicine, hydrotherapy, dermatology, medical cosmetology, dental medicine and kinesiology. We also have facilities to organize smaller seminars, conferences and workshops.

Contact:
+385 (0)51 236 111
+385 (0)51 236 224
www.ljeciliste-veli-losinj.hr
info@ljeciliste-veli-losinj.hr

Total annual number of treatments: More than 30,000
Total number of beds: 150
Services:
- Physical medicine & rehabilitation
- Dental medicine
- Organization of seminars, conferences & workshops
- Preventive health & fitness programmes
- Hydrotherapy
- Medical wellness
- Dermatology
- Restaurants
- Medical cosmetology
- Other tourist services

More than 30,000
Total number of beds:
150
ISTRIAN HEALTH CARE CENTER

About us:
Istrian Health Care Center is a health institution that was founded by the Istria County offering health services in the whole region of Istria.

Istrian Health Care Center has 605 employees, of which 451 are medical staff.

Services:
The main goal of Istrian Health Care Center is to provide health services on primary health care level: family medicine, pediatrics, dentistry, gynecology, home care services, occupational medicine, district nurses, medical transport and laboratory diagnostics.

The Center also offers certain specialist medical services: radiology and ultrasound diagnostics, internal medicine, physical medicine and rehabilitation, surgery, oral surgery, orthodontics, hemodialysis in Labin and Umag and runs inpatient units in Umag, Pazin and Labin.

ISTRIAN HEALTH CARE CENTER

Health services:
- Hemodialysis
- Radiology and ultrasound diagnostics
- Cardiology
- Rehabilitation of cardiovascular patients
- Oral surgery
- Surgery
- Neurology
- Internal medicine
- Physical medicine and rehabilitation
- Cardiology
- Rehabilitation of cardiovascular patients
- Oral surgery
- Surgery
- Neurology
- Internal medicine
- Physical medicine and rehabilitation

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The Center also offers certain specialist medical services: radiology and ultrasound diagnostics, internal medicine, physical medicine and rehabilitation, surgery, oral surgery, orthodontics, hemodialysis in Labin and Umag and runs inpatient units in Umag, Pazin and Labin.

ORTHOPAEDIC AND REHABILITATION HOSPITAL ‘MARTIN HORVAT’ ROVINJ

The Prim. Dr. Martin Horvat Hospital for Orthopaedics and Rehabilitation is a modern centre for rehabilitation and treatment of diseases of the locomotor system by means of physical medicine. The institution, opened by the Empress Maria Theresa in 1888, is located in a quiet area of the tourist town of Rovinj, on the peninsula of St. Pelagia, surrounded by a forest park and a unique therapeutic beach adapted for clients with the most severe disabilities.

Hospital treatment with physical medicine and rehabilitation includes modern methods and techniques of kinesitherapy, hydrotherapy and electrotherapy, individual and group exercises and various types of medical massages, as well diagnostics, pre- and post-operative rehabilitation programmes, therapies for acute and chronic pain conditions and rehabilitation and prevention programmes.

Total annual number of treatments:
- 40,164 therapeutic procedures
- 2,650 inpatients

Contact:
+385 (0)52 811 011
+385 (0)52 811 301
www.bolnica-rovinj.hr
prijemni@bolnica-rovinj.hr

Total number of beds:
- 220

Contact:
+385 (0)52 388 920
+385 (0)52 223 692
www.idz.hr
info@idz.hr
POLYCLINIC TERME SELCE

TERME SELCE is the first private polyclinic for physical medicine and rehabilitation in Croatia. It is located in Selce on the picturesque Crikvenica Riviera, only a hundred meters from the beach. 40 diagnostic and 250 therapeutical procedures in 6 specializations, the core of which are physical medicine, rehabilitation and rheumatology, have proven efficient for more than 40,000 patients from 86 countries. Our approach includes integrated holistic and individual methodology, fast and safe rehabilitation, advanced technology, sports medicine, wellbeing and work-life balance programs, unique *TS Scoring System and *DRVB Method. We were awarded the ISO 9001 certificate and have formulated our own original TERME SELCE know-how.

We have treated 120 world champions and Olympic Games winners. Among our patients are Luka Modrić, Janica and Ivica Kostelić, Ivan Rakitić, Kale Palander and others.

Contact:
+385 (0)51 764 055
+385 (0)51 768 310
info@terme-selce.hr
www.terme-selce.hr

Total annual number of therapies: 100,000
Total number of beds: 10

Services:
- Postoperative rehabilitation of hip/knee/shoulder/spine
- Neurorehabilitation
- Sports injuries and sports program
- Spine program
- Arthrosis program
- Physical therapy and rehabilitation of the locomotor system
- Manager’s check-up for individuals / groups
- Weight loss program
- Wellbeing and rejuvenation program
- Mindware psychoprofiling

SPECIAL HOSPITAL DR. NEMEC

Dr. Nemec Special Hospital was founded in 2004 as the first private special hospital for orthopaedics dedicated to treating injuries and diseases of the locomotor system.

In the treatment of our patients, we use the latest surgical approaches to ensure a rapid and effective recovery. Our physicians and other medical staff are constantly upgrading their knowledge through a continuous exchange and cooperation of the Dr. Nemec Hospital with other renowned institutions worldwide.

The priority of the hospital is to choose an individual therapeutic approach for the treatment of each patient. We are aware that surgery is a highly stressful experience for most patients. Therefore, a calming environment and personal counselling before the surgery assists us in familiarizing the patient with all steps and aspects of the procedure to be performed. By taking this approach we are able to ensure an optimal outcome of the intervention and carry out the best possible postoperative care.

Contact:
+385 (0)51 277-350
+385 (0)51 273-901
info@bolnica-nemec.hr
www.bolnica-nemec.hr

Total annual number of treatments: 1,000
Total number of beds: 14 beds / 7 rooms

Services:
- Hip endoprosthesis implant
- Knee endoprosthesis implant
- Anterior cruciate ligament surgery
- Knee arthroscopy
- Foot surgery
- Shoulder surgery
- Fistula surgery
Since its establishment in 1991, the Specialty Hospital Medico was dedicated to the pursuit of highest possible quality of its service and to recruiting top experts in its field. Medico is known for its state-of-the-art diagnostic and therapeutic infrastructure, the minimally invasive surgery and the top-class physicians. Medico provides 16 different specialist medical interventions, which involve 24 specialties and subspecialties. For patients from Istria, Medico has also opened a branch in Pula. Due to a constant upgrading of quality, we were the first hospital in Croatia to successfully complete the rigorous accreditation process and receive the Certificate of Excellence from the American Accreditation International Commission (AACI). In addition to the AACI certification, Medico is the holder of the Quality Management System Certificate EN 15224, the highest standard of hospital and specialist polyclinic services.

Contact:
+385 (0)51 263 109
+385 (0)51 601 154
www.medico.hr
medico@medico.hr

Over 70 physicians
Over 100,000 examinations per year
Individual programmes
Certificates as evidence of quality
Collaboration with health insurance companies
Centre for minimally invasive surgery
Breast centre
Vein centre
Laser surgery centre
Modern operating block and accommodation

Total annual number of treatments: 1,000 surgeries
Total number of beds: 7

Services and general data:

Department of Social Medicine
Department of Health Ecology
Microbiological Department
Epidemiological Department
Department for the Protection of Mental Health, Prevention and Outpatient Treatment of Addiction Diseases
Quality Department
Department of School and University Medicine
Administration Department
Department of Controlling and Revision
Departments for Legal, Personnel and General Affairs

Contact:
+385 (0)51 334 530
+385 (0)51 213 948
www.zzjzpgz.hr
ravnatelj@zzjzpgz.hr
Thalassotherapia Crikvenica is a medical centre with a century-old tradition of health care in thalassotherapy treatment specifically in disease prevention, medically assisted relaxation and rehabilitation. Located on the coast of a bay featuring crystal clear sea and a pebble beach, surrounded by a park of Mediterranean greenery, it is an ideal choice for thalassotherapy treatment, recuperation and rest. The rarely found climatic profile of mild winters and warm summers, coupled with clean air rich in marine aerosol and the pristine shallow sea contribute to the healing effects. Today, Thalassotherapia is a modern medical institution combining the age-old principles of thalassotherapy with modern medicine, achieving remarkable results in the treatment of diseases of the locomotor system and respiratory organs in children, adults and the elderly.

Contact:
+385 (0)51 407 666
+385 (0)51 785 062
www.thalasso-ck.hr
info@thalasso-ck.hr

Otorhinolaryngology
Pulmonology
Cardiology
Dermatology
Medical Spa

Respiratory rehabilitation for chronic and allergic respiratory diseases (asthma, COPD, bronchitis, allergic rhinitis)
Physical medicine and rehabilitation (conditions after orthopaedic surgeries, fractures, injuries, rheumatic and neurological diseases).

Services:

Total annual number of patients/guests: 35,000
Total number of beds: 240

Thalassotherapia Opatija

This special hospital for medical rehabilitation of heart and lung diseases and rheumatism was founded in 1957 in Opatija as a climate treatment center. Thalassotherapia Opatija offers quick and effective outpatient diagnostics and therapy. In addition to individual examinations and tests, also provides medical packages specially designed to address specific groups of diseases. All therapy and rehabilitation programs are continuously monitored by our professional team with internationally acknowledged recommendations.

Advanced medical equipment in use:
Radiology: MRI, MSCT, X-ray; Cardiology - 3D and 4D heart ultrasound, TEE, TILT TABLE; Physical medicine – Isokinetic device, CPT – radiofrequency device, Compex, Vakuus- hypobaric therapy, EMS - Radial shock wave, densitometry; Heart catheterization and angiography laboratory.

Contact:
+385 (0)51 202 616
+385 (0)51 202 856
www.thalassotherapia-opatija.hr
prodaja@tto.hr

Clinic for heart and blood vessel diseases
Physical medicine and rheumatology
Sports medicine
Dermatology
Radiology

Services:

Total annual number of therapies: 325,000
Total number of beds: 231

Health tourism & Medical Spa
Plastic and esthetic surgery
Counseling centre: Psychology, Nutrition
Laboratory services
Health tourism & Medical Spa
The Kalmar Clinic combines tradition and up-to-date standards. Its beginnings date back into 1950 and today the Kalmar clinic has 10 studios. We encourage you to visit the most modern dental clinic in Europe built in 2016. The highest standards of quality and sterilization are being provided. The Kalmar clinic is awarded with the ISO 9001:2015 and the Temos certificates for Quality in Dental Services.

Only European materials are being used, made by Straumann, ICX and Ivoclar Vivadent. All dental projects are accompanied with the appropriate long-term guarantees. The Kalmar clinic has its own laboratory with 11 dental technicians that are able to design a variety of dental solutions. CAD / CAM technology is at our disposal as well. Free patient consultation is offered and the custom tailored proposal for the dental solution is also free of charge. It is possible to arrange transportation and accommodation of patients when needed.

Additional services: free guarded parking, the clinic’s own relax zone by the pool, the Forchetta Restaurant with Mediterranean cuisine.

Total annual number of treatments:
- More than 2,200 implants

Services:
- Implantology
- Surgery
- Prosthetics
- Periodontology
- Orthodontics
- Digital diagnostics
- Dental lab
- 3D CT
- 10 physicians, 10 assistants
- 11 dental technicians

Contact:
+385 (0)51 262 363
www.kalmardent.com
info@kalmardent.com
The Rident Dental Polyclinic was founded in 2004 in Rijeka, and in 2013 a branch office was opened in Poreč. The multidisciplinary team of the Rident Clinic consists of 50 dental doctors, of which five are specialists in oral surgery, periodontology, orthodontics, dental prosthetics and pedodontics and provide a comprehensive dental service. Patients are provided with the complete service in one place - from implantology, oral surgery, periodontology, fixed and mobile prosthetics, preventive and conservative dental medicine, aesthetic dental medicine, orthodontics, pedodontics, radiology, all of which is supported by our own dental laboratory. In 2017, the Rident Clinic confirmed its quality by winning the award for the best international dental clinic given by the International Medical Travel Journal, a renowned web platform for health tourism.

Services and general data:
- 2 polyclinics
- 40 dental offices
- 3 dental laboratories
- 2 surgical wards
- 2 radiology wards
- 48 dentists
- 7 specialists
- Total annual number of treatments: 60,000

Contact:
- Rijeka +385 (0)51 648 900
- Poreč +385 (0)52 496 350
- Rijeka +385 (0)51 648 928
- Poreč +385 (0)52 496 355
- www.rident.hr
- rident@rident.hr | info.porec@rident.hr

The dental medicine center ORTO-NOVA is a family-run business with a tradition of more than 30 years. In this period, we selected the best team of professionals and other employees who work in a tranquil atmosphere characterized by modern equipment and a pleasant setting. From our Center the view opens on the beautiful Kvarner bay, which makes our clients feel even more relaxed and comfortable throughout their visit.

ORTO-NOVA provides all dental care services in one place through an individual approach of our entire staff. With the help of state-of-the-art equipment and high-quality materials, we create life-changing smiles.

Advanced medical equipment and technology that we use: Planmeca Promax 3D CT; CAD/CAM laboratory technology; 3Shape Intraoral Scanner; Computer guided implantology; Cara Mill; Bone regeneration: Osseo densification, partial extraction therapies, smart dentin grinders; Masterflex, Proface intravenous and inhalation sedation.

Total annual number of therapies:
- Oral surgery
- Implantology
- Prosthetics
- Orthodontics
- Aesthetic dental medicine
- Plasma (PRP) treatments
- CT and radiology

Contact:
- +385 (0)51 829 600
- www.orto-nova.hr
- info@orto-nova.hr
The Dr. Jelušić Dental Clinic is located in the beautiful seaside town of Opatija, and represents one of the leading dental clinics in the region. Since 2002, we have been providing services to patients in all fields of dental medicine, with a particular emphasis on implantology, periodontology, and aesthetic dental medicine. The Clinic’s director is Dr. Damir Jelušić, an internationally recognized expert with over 20 years of experience in dental implantology. As the Clinic staff is thoroughly competent and applies state-of-the-art technology, they are able to offer the patients a high quality service and a fully individual approach. The Clinic prides itself of membership in the prestigious European Club ECDI - European Implant Centres, LIC - Leading Implant Centres and the Bone Competence Centres. The Clinic is recommended by NobelBiocare for 2019 and 2020. The quality guarantee of all services is certified by the ISO: 9001 standard.

Services:
- Advanced implantology
- Periodontology
- Prosthetics
- Conservative treatment and endodontics
- Diagnostics with state-of-the-art technology and equipment
- Orthodontics
- Bone regeneration
- Esthetic dental medicine
- Dental lab
- Implantology education centre
- Implantology education centre

Contact:
+385 (0)51 718 050
+385 (0)51 706 401
www.jelusic.com
dr@jelusic.com

Port of Diversity
During the six decades of its existence, the Faculty of Medicine in Rijeka developed into a reputable educational and scientific institution acclaimed both within Croatia and abroad. The Faculty of Medicine simultaneously conducts educational, professional and scientific research activities. Besides the quality of the educational process and a pleasant learning environment, studying Medicine in Rijeka represents a particular pleasure owing to numerous sport and social activities, as well as pleasant Mediterranean surroundings which characterize the city. The Faculty of Medicine is open to everyone who is interested in establishing a joint cooperation on some of the scientific or technological projects as well as for the graduate and PhD students who want to study medicine in English language or complete one of our doctoral studies.

Integrated undergraduate and graduate study programme:
- Medicine
- Dental Medicine
- Sanitary Engineering
- Medical Studies in English

Postgraduate (doctoral) study programme:
- Biomedicine
- Health and Ecological Engineering
- Dental Medicine
- Clinical Medicine
- Public Health

Contact:
+385 (0)51 651 111
+385 (0)51 675 806
www.medri.uniri.hr
dekanat@medri.uniri.hr
The Faculty of Tourism and Hospitality Management Opatija (FTHM), established in 1960, is the only Croatian institution of higher learning focusing on education and scientific aspects of tourism, hospitality and sustainable development. It organizes undergraduate, graduate, postgraduate specialist and doctoral studies (EDAMBA), as well as lifelong learning programs, and provides the possibility of student mobility through Erasmus programs and Ceepus networks. Since 1999, the Faculty publishes the journal “Tourism and Hospitality Management” and is engaged in numerous scientific and professional projects, including some funded by the EU. FTHM in 2011 won the Anton Štifanić award and in 2012 UNWTO recognised it among 120 leading educational institutions worldwide. In cooperation with the Faculty of Medicine and Faculty of Humanities and Social Sciences, FTHM organizes the postgraduate specialist study programme “Health Tourism”.
Amadria Park in Opatija is renowned for its exquisitely designed hotels, situated on most attractive locations in Opatija’s centre. The hotels are home to some of Opatija’s most popular cafés famous for their beautiful terraces overlooking the sea and an irresistible selection of locally made cakes. A gastronomy offer to delight any foodie, made from locally sourced produce, traditional Croatian fare, seafood and meat specialties can all be enjoyed at Milenij’s Restaurant Argonauti. To complete the dining experience, there is Milenij Choco, the local production of the hotels’ branded chocolate where guests can also see how chocolate and pralines are crafted by hand. Amadria Park Opatija hotels have two wellness centers for total relaxation – Milenij Spa, for relaxing with a touch of luxury, and Wellness Oasis, offering treatments with the scents of the Mediterranean.

**AMADRIA PARK Opatija**

- **537 bedrooms**
- **Total capacity:**
- **À la carte restaurants & Hotel restaurants**
- **Cafes & bars**
- **2 Wellness centers**
- **Conference capacities:** Conference Park 25/7 / Milenij Halls / Royal Hall
- **Gastro World**
- **Royal Beach**
- **2 Parking garages**

**Services:**

- Hotel Milenij 5*
- Hotel Sveti Jakov 5*
- Hotel Royal 4*
- Grand Hotel 4 opatijska cvijeta 4*
- Hotel Agava 4*
- Hotel Gardenia 3*

**Contact:**

+385 (0)51 278 007
+385 (0)51 278 021
www.amadriapark.com
info@amadriapark.com
**JADRAN HOTELS**

The address of the company's head office is Strossmayerova 1, Rijeka. Jadran hoteli d.d. owns and operates three city hotels on the east side of Rijeka - Jadran, Continental, Neboder, the boarding house Lucija in Kostrena, the Uvala Scott Resort and the Oštro Camping site in Kraljevica.

The significance of three hotels for the cultural life of the city is witnessed not so much by historical documents, but by the memories of the citizens of Rijeka, and they are often mentioned as central points of Rijeka’s social life.

The Jadran hotel and the Continental hotel both offer congress halls equipped with modern video and audio technique. The price of hall rental includes the accompanying technical equipment such as: Wi-Fi, natural day light, artificial light, air-conditioning, sound, a projection screen, a LCD projector.

**Contact:**
+385 (0)51 494 016  
www.jadran-hoteli.hr  
martina.fucak@jadran-hoteli.hr  
337 (in city hotels Jadran, Continental and Neboder)

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<tr>
<td>Neboder</td>
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<tr>
<td>Oštro camp site</td>
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<td>The Lucija Accommodation</td>
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<td>Uvala Scott</td>
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**LOŠINJ HOTELS & VILLAS**

Lošinj Hotels and Villas is a hotel brand operating 4* and 5* hotels, villas, suites and restaurants on the most attractive locations of the island of Lošinj. Lošinj is one of the top destinations of medical tourism since 1892, when it was proclaimed a health resort. The island boasts outstanding air and sea quality, more than 2600 hours of sunshine a year, a dense pine forest and more than 1200 species of plants.

Our Hotel Bellevue and Vitality Hotel Punta are especially focused on health programmes such as detox, sleep disorders, pain management, weight loss and Re-Spiro pulmonary rehabilitation programme realized in cooperation with expert physicians, nutritionists and holistic medicine practitioners. Experience the perfect harmony of unique nature with excellent service and individual approach to each guest in our luxurious facilities. Welcome!

**Contact:**
+385 (0)51 661 101  
+385 (0)51 231 904  
www.losinj-hotels.com  
health@losinj-hotels.com

<table>
<thead>
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<td>Villa Hortensia</td>
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<td>Villa Miraso</td>
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<td>Family Hotel Vespera</td>
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<td>Hotel Aurora</td>
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<td>Villa Dora</td>
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<td>Villa Kreka</td>
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<th>Wellness medical services</th>
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<tr>
<td>26 tennis courts</td>
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<td>Conference facilities</td>
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</table>
MedAdria Travel Agency

MedAdria is a travel agency with a 10-year experience in tourism. It is one of the leading Croatian incoming tour operators, providing an overall tourist product for individual guests and groups.

Since its very beginning, the agency organized travels and events throughout the beautiful Croatian countryside such as uniquely profiled tours, sports travel, hiking tours, cultural and medical tours, culinary trips. We also offer holidays tailored to the desires of individual customers.

MedAdria is constantly investing in the education of its staff, which is the foundation of its success, so that it can approach its customers with the best possible service and continue to be reliable agency, always aiming to create unforgettable, colorful and pleasant travel experiences.

Services:
- Tour operator
- Tourist agency

Contact:
- +385 (0)51 312 280
- +385 (0)51 312 023
- www.medadria.com
- corporate@medadria.com
Olivari is a travel agency specialising in incoming guests and it covers the region of Croatia, Slovenia, Serbia, Bosnia & Herzegovina, Montenegro, Macedonia and Albania. Services can be provided for a single person or a group. If you are looking for accommodation for a larger group, we are able to offer different solutions, whether that be apartments, camping sites or hotels, with overnight stay rates or half board service. We provide a 24 hr assistance for all our services. You can reach us at any time and in case of need we can make necessary suggestions, alterations or offer assistance as might be required.

Our company’s goals are to provide services for groups and individuals whatever the size of the groups. Therefore, we have coaches and vehicles of 50, 35, 20 and 8 seats. All our vehicles are licenced for domestic and international transportation services.

Contact:
+385 (0)51 858 999
+385 (0)51 859 000
www.olivari-travel.com
groups@olivari.com

Services:
- Group packages
- Individual packages
- Shuttle service
- Taxi
- Rent a car service
- Boat charter

TRAVELANA – INCOMING TOUR OPERATOR

TRAVELANA d.o.o. travel agency was established in Rijeka in 1994. We are offering a recognisable product and high-quality service for all types of accommodation and accompanying facilities along the Adriatic coast and in continental Croatia. From the very outset we cultivated the individual approach and human contact in all our transactions.

From the beginning Travelana is a member of UHPA (Association of Croatian Travel Agencies). We offer a premium product and quality of service, like a DMC specialized agency.

One of our awards:
2011. “I love Croatia”, Main Croatian Tourist Board, Mrs. Ana Predovan-Brkarić, winner in category “the best travel agency employed person in the whole of Croatia”.

Our range of services includes:
- Accommodation
- Complete ground service
- Agricultural tourism
- MICE (Meetings, Incentives, Conferences & Exhibitions)
- Tailor made holidays
- Animation program and child care
- Cultural tourism with music events
- Other special interest programs in our regions

Contact:
+385 (0)51 212 780
+385 (0)51 336 562
www.travelana.hr
travelana@rt-t-com.hr
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Ministry of Health
To health, Together.

Ministry of Tourism
REPUBLIC OF CROATIA

CROATIA
Full of life

CROATIAN CHAMBER OF ECONOMY

University of Rijeka

City of Rijeka

Primorje-Gorski kotar County

Kvarner Health Tourism Cluster CROATIA

info@kvarnerhealth.hr

For detailed information visit:
www.kvarnerhealth.hr