KVARNER HEALTH TOURISM GUIDE

Health & Holiday all in one place
HOW TO REACH US?

By Road

It takes just a few hours drive to reach Kvarner from European countries by car, as the region has good connections to all European capitals. This is best shown on geographic maps. They show how Kvarner and the surrounding Adriatic Sea are deeply recessed into the mainland, thus representing the meeting place of the Mediterranean and Central Europe as well as a close neighbour to Ljubljana, Vienna, Trieste, Venice, Milan, Munich, Budapest, etc.

Traffic and road conditions >> www.hak.hr

By Air

Kvarner is connected by air to many European cities via scheduled, low-cost and charter flights. Rijeka International Airport lies on the island of Krk, at the very heart of the region. The unforgettable views of the azure Mediterranean are therefore, for many travellers, the first experiences of the Kvarner region. Kvarner also has two airfields – one on the island of Lošinj, the other in Grobnik in the hinterland of Rijeka.

Distance from Rijeka (Kvarner) to European centres in km:

<table>
<thead>
<tr>
<th>City</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trieste</td>
<td>80</td>
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<td>Ljubljana</td>
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<td>Milan</td>
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<td>Frankfurt</td>
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<td>Cologne</td>
<td>1157</td>
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</tbody>
</table>

How to reach us?

www.rijeka-airport.hr
information@rijeka-airport.hr
The Kvarner Health Tourism Cluster brings together members from the fields of medicine, tourism, science, education and supporting services in order to create a recognizable and competitive health tourism product at the regional and international level. Structurally, the NGO has a mission to unite, prepare and place on the market recognizable and competitive health tourism products that will follow global trends, but still rely mainly on regional tradition, natural resources and characteristics of the local destination. We are dedicated to the empowerment and development of health tourism in the Kvarner region, in line with the regional strategic documents which define Kvarner as a health and wellbeing destination. The Cluster and its members provide a full range of medical, educational, scientific and tourism services. Our medical facilities provide a vast range of services - various types of preventive medical programs, check-ups, rehabilitation, general and plastic surgery, dental services, as well as various health programs dedicated to reaching a better state of mind and body in the field of personalized and integrative medicine. The University of Rijeka offers international programs for students and may cooperate on high-tech scientific projects with similar institutions. Travel agencies and hotels, as part of the Cluster, provide travel and accommodation services, as well as attractive holiday or long-stay programs: from cruising, sports and recreation to gastronomy and cultural programs.

Our mission is to take advantage of the great natural resources of our region, which has four national parks and a mild temperate climate throughout the year and which was recognized as a medical resort 170 years ago by European aristocracy. This joint approach encompassing medical, tourist, educational and scientific fields creates a synergy which offers customers a high-quality service and higher recognition of the destination. As an international recognition of our strategy we proudly received the IMTJ’s Medical Travel Award for the „Cluster of the year 2016“.

Welcome and enjoy!
HOSPITALS AND CLINICS

Clinical Hospital Center Rijeka
Community Health Center
Emergency Medicine Institute
Haemodialysis Polyclinic Interdial
Health Resort Veli Lošinj
Polyclinic Medico
Polyclinic Terme Selce
Special Hospital Dr. Nemec
Teaching Institute of Public Health
Thalassotherapia Crikvenica
Thalassotherapia Opatija

TOURIST BOARDS

Kvarner Region Tourist Board
Crikvenica Tourist Board
Opatija Tourist Board
Rijeka Tourist Board
Tourist Board of Mali Lošinj

DENTAL CLINICS

Dental Center Kalmar Implant Dentistry
Dental Clinics Rident
Dental Medicine Center Orto-Nova
Dental Polyclinic Dr. Jelušić
Polyclinic Smile

EDUCATIONAL INSTITUTIONS

Faculty of Medicine
Faculty of Tourism and Hospitality Management
Teaching School Lovran - Wellness Academy

HOTELS

Jadran Hotels
Lošinj Hotels and Villas
Milenij Hotels

TRAVEL AGENCIES

MedAdria Travel Agency
My Travel Tourist Agency
Travelana Travel Agency
Kvarner, another name for the Primorje-Gorski Kotar County, is one of the most developed and most attractive tourist destinations in Croatia, and it covers three different spatial units: the coastal area of Opatija Riviera, the City of Rijeka and the Rijeka ring and crikveničko-vinodolska riviera, the Kvarner island of Krk, Rab, Cres and Lošinj, and mountain Gorski kotar. Due to unique combination of seaside, islands and mountains, the slogan of Kvarner is "Diversity is beautiful".

With the combination of excellent geographical location and mild Mediterranean climate this is a privileged space where for centuries intertwined diverse influences, and today's Kvarner is modern, attractive destination, region of breeding smell and taste, destination of health, good vine and top quality cuisine, rich natural heritage, a holiday destination for all generations.

Kvarner is a region with the longest tourist tradition in Croatia, a region of extraordinary diversity and a unique combination of the littoral, the islands and the mountains, which is why its promotion carries the slogan "Diversity is beautiful". Also, Kvarner is the place where the first organized tourism started more than 170 years ago, on the Opatija Riviera, through health tourism. Even in the 19th century, the combination of mild climate, the sea, the rich vegetation and the hilly hinterland attracted Europeans wanting to rest and restore their health.

In that sense, the project entitled "Kvarner Health and Wellbeing" was started, aiming to place Kvarner on the international tourist market as a region of health with a long tradition, promoting the overall offer of various medical institutions, i.e. health tourism on Kvarner.

In the framework of the project, the Kvarner Region Tourist Board gathered the representatives of medical institutions and clinics with influence on tourism.
Diversity is beautiful!

In the language of the ancient Romans, who are believed to have given this region its name, the word Qua(te)rnarius means “four cardinal points”, which implies that Kvarner is a place where these four points meet. Apart from offering the fantastic combination of an excellent geographical position and a mild Mediterranean climate, Kvarner is also an area that for centuries has been a meeting point of various cultures and influences, and which is today a modern, attractive tourist destination.

Discover why!

Natural Heritage

Today there is a significant number of protected natural areas in Kvarner. Among them a national park – the National Park Risnjak; a nature park – Nature Park Učka; six park-forests, 11 special reserves, one strict reserve and three significant landscapes. Besides that, we should also mention the protected natural objects – eight monuments of nature and four park architecture monuments.

In Kvarner there is something for everyone – from the visits to the National Park Risnjak and Nature Park Učka, to the wild canyon cuttings and falls of Vražji Prolaz (Devil’s Passage), Zeleni Vir and Kamačnik, to the tamer areas of park-forests of Gorski Kotar (Golubinjak, Japlenški Vrh), preserved eco-systems like the forest Dundo on the island Rab, to unusual coastal areas with sandy coves and pyramids in Lopar. It is worth visiting the individual monuments of nature like the interesting old trees defying time, typical karst underground landscapes like caves (Lokvarka, Vrelo) or parks in Opatija and the fragrant island of Lošinj.

It is only on Kvarner, on the island Cres, that you can observe the flight of the griffon vulture – a very rare species of bird. All the Kvarner islands, and especially the Cres-Lošinj area, are an area of permanent habitat of dolphins. The mountainous area of the afforested Gorski Kotar is the place where three large European beasts live – the wolf, the bear and the lynx.
CULTURAL HERITAGE

The Kvarner region of Croatia has a rich cultural heritage so detailed and varied that a visitor might be overwhelmed. Yet this is a journey of discovery and wonder unlike others. It is where various cultures met at different periods and where influences have blended in harmony. Many have left their trace from prehistoric times, through the Middle Ages, up to the present. From the tribes of Liburnia, the Amber Route, the mysterious Glagolitic script (to mention just very few), Kvarner's cultural heritage is presented in archaeological, ethnographical, literary and musical spheres, and especially architectural, where Kvarner has seen everything.

Today, visitors will experience this culture in many places. They might enjoy wonderful local food produced in a way unchanged in years or attend a concert in a historic building or in a 19th century grand villa. Old stone walls, traditional carnival, basilicas, fortresses and towers, industrial heritage, events reflecting the past - all of these depict history from prehistoric times to the present day.

Underwater cultural heritage is strong and many visitors go diving in search of shipwrecks and Roman amphora. And the famous Greek was found in the clear Kvarner Adriatic: the bronze statue (artist unknown) representing Greek athlete Apoksiomen (Croatian spelling) dating from the 1st century was found, by accident, on the sea bed off the coast of Lošinj island in 1999. After seven years of restoration, experts declared the work a masterpiece. A contemporary Museum of Apoxyomenos was open in Mali Lošinj, where the statue is displayed.

The City of Rijeka has been pronounced the European Capital of Culture 2020. Rijeka thus became the first Croatian city to hold this prestigious title.

KVARNER GASTRONOMY

Kvarner is the Croatian region with the highest concentration of excellent restaurants located within such a short distance of each other, and for many years has been at the top of the country's gourmet scene. Renowned European culinary guides regularly award the region's restaurants with toques and recommendations, praising the local cuisine and its balance between the traditional and modern, based on a simple yet uncompromising philosophy: a quality dish can only be prepared with quality ingredients, which have to be fresh, seasonal and local. In addition, the region's ingredients have preserved the original scents and tastes of the Mediterranean thanks to a unique blend of the sea and the mountains.

The change of the seasons determines the food available in the local markets and thus on the region's menus. These are dominated by sea fish (mostly oily fish) and seafood (famous Kvarner scampi), island lamb, cheese and skuta curd cheese, game, Mediterranean fruit and vegetables, and wild-growing aromatic plants and mushrooms.

We invite you to enjoy the various tastes of this region and to raise a toast with a glass of Žlahtina, a white wine made from a grape variety that grows on the island of Krk around the small town of Vrbnik and on the opposite coast in the field between Bribir and Novi Vinodolski.
Kvarner has a wide variety of great facilities and diverse offer - from luxury villas, beautiful 5* hotels, various luxury yachts and sailing boats to lower range of hotels, rural villas, family accommodation and agrotourisms.

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The Crikvenica Riviera is situated in one of the most picturesque corners of Kvarner and it comprises the charming tourist resorts of Crikvenica, Dramalj, Jadranovo and Selce.

Due to its favourable natural features, this riviera was one of the first in Croatia that began to nurture a tradition of health tourism as early as the 19th century. The area’s mild and healthy climate, microclimate, clean air and sea, as well as its favourable insolation and vegetation, all help in the prevention of various diseases, rehabilitation, and improvement of the quality of life. If you are looking for a destination where in the same day you can swim in the sea, stroll on a sandy beach breathing in the scents of the Mediterranean, and then in the evening have fun in town, or relax in the quiet of a green hinterland, then this is the right choice for you.
The tradition of high-quality health services is today successfully continued in a variety of health institutions, such as Thalassotherapia Crikvenica, Terme Selce and many other smaller clinics. A wide range of wellness and spa services and beauty treatments provide you with relaxation and pleasure and a radiant sense of beauty of body and soul.

The Crikvenica-Vinodol region has a total of more than 300 km of footpaths and hiking trails and 300 km of cycling trails. This is the perfect place for enjoying walks, jogging, cycling and virtually all other sport activities on land or in the sea. In Crikvenica you can simply take a walk along one of the most beautiful sandy beaches on the Adriatic, the gorgeous Love Path or through the fragrant Mediterranean Labyrinth of Love.

The traditional gastronomy exudes the Mediterranean, and is rich in fish, seafood, vegetables, olive oil, natural aromatic herbs and other healthy ingredients. Some of the restaurants and hotels marked The Oily Fish Route offer specially prepared tasty dishes of blue fish on their menus and this is based on the famous tradition of fishing. It’s always interesting here with more than 250 different events throughout the year, such as the Carnival, Crikvenica Cycling Marathon, Strawberry Festival, (Sr)etno Selce ethno festival, CrikVArt - street entertainers festival, the Melodies with a Taste of the Sea festival, Šilo-Crikvenica swimming marathon or the Fisherman’s Week.

Accommodation is available in more than 4,200 beds in hotels, 14,400 in private accommodation, 2,160 in campsites, 810 in hostels and 1,200 in other types of accommodation.

And remember, this home to beautiful natural scenery and a rich cultural and historical heritage is ideal for all generations of visitors, from adventurers and animal lovers to families and those looking for entertainment, excitement and relaxation in the great outdoors.

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www.rivieracrikvenica.com
About the Destination

Opatija, an elegant tourist destination, lies at the centre of the Riviera with the longest tradition of tourism in Croatia. The town is situated in the Kvarner Bay, a place where the most beautiful part of the Mediterranean – the Adriatic Sea, deeply enters into the heart of the Europe. The very attractive geographic position, lush green scenery and a pleasant climate were some of the main reasons for the beginning and the quick development of its tourism at the end of the 19th century.

The well-maintained public gardens, the illuminated 10km-long coastal promenade known as the “Lungomare”, the well-kept beaches and fountains provide a stunning backdrop for the villas and hotels that cater comfortably for over 8,000 guests. At the time when Opatija was emerging as a tourist resort, it was primarily a winter spa for the elite. Today, this tradition is continued with a wide range of health and wellness services offered by high-class wellness centres in many of Opatija’s hotels, and also in the Thalassotherapia.

Natural Heritage

It is hard to describe Opatija’s luxuriant green. There are no words to convey the colours, the scents and the sounds...

Park Angiolina is a true horticultural monument, with about 150 plant species from all corners of the world. In the hinterland of Opatija there is Učka Nature Park, with numerous hiking trails that will take you from the picturesque Mediterranean architecture of the coastal cities through the wooded slopes of Učka mountain up to its highest peak, Vojak, at 1,401 meters.
CULTURAL HERITAGE

The contrasts of sea and mountains, green parks and blue sea, old buildings and modern comforts, noisy entertainment venues and quiet destinations for excursions all combine to make Opatija and its surroundings a very attractive tourist resort at any time of the year.

The magnificent villas and hotels are only part of Opatija’s attractions, which, like a siren’s song, are hard to resist. Their classical beauty has easily weathered the ravages of time.

EVENTS

Opatija is a thriving and vibrant town throughout the year and the list of cultural and entertainment events go on and on. Every season of the year has something special to offer in Opatija. The area’s numerous festivals and events dedicated to music, film, theatre, food, culture or fireworks – to mention just a few – are always tailored to the time of the year when they take place.

Through the year in Opatija there are always surprises for the guests: from Carnival and Balinjerada (a race of vehicles on ball bearings instead of wheels), to the March – An Oasis of Wellness, Gourmet Story of Opatija Riviera and dramatic musical shows „RetroPatiija“ and „Opatija – Imperial City“ culminating in the Advent and Chocolate Festival.

GASTRONOMY

The chefs of Opatija turn the fresh local ingredients, such as wild asparagus, Kvarner scampi or truffles, into culinary artworks distinguished by their delicate, exciting taste that will surely remain in the memory of each visitor. It is no wonder that Opatija boasts some of the best restaurants on the Croatian Adriatic.

ACCOMMODATION

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<thead>
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<th>Hotel category</th>
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<td>3*</td>
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The City of Rijeka and its circle of interesting places and facilities are a unique blend of blue and green, dynamic and relaxed, old and new, calm and filled with adrenaline...

The City of Rijeka is located by the sea and has all the facilities you could want from a Mediterranean tourist centre: beautiful beaches, promenades, squares and streets, a rich program of events and atmosphere. In addition, the rich and diverse surrounding area provides you with the opportunity to escape into tradition, romance, pristine flavours or adrenaline sports and even - why not? - a ski resort overlooking the sea. Truly, a unique mosaic!

In the historical image of this city, from prehistoric times and then the Gothic and Baroque Rijeka, as well as the strong influences of the Austro-Hungarian Empire, centuries have accumulated and each of them left its mark in its architecture, creating an interesting city core rich with historical monuments. In the city centre – at the always lively Korzo, in the narrow streets of the old historical core, before the monuments that speak of past centuries, or in the silence of Trsat, the oldest Croatian Marian shrine – Rijeka always lives differently and shows another of its many facets.
THE RHYTHM OF EVERYDAY LIFE

The calendar of Rijeka is full of events throughout the year, so regardless of when they visit, guests will find many interesting and attractive shows including music, drama, art ... as well as urban youth clubs that offer entertainment precisely adapted to their needs. There is a rich list of cultural performances and traditional events that mark the vibrant Rijeka streets, squares or the beautiful areas of cultural institutions – especially in the summer.

However, if we are to highlight just one of the many annual events, then that is certainly the international Rijeka Carnival, which was ranked at the top of the most attractive world events by the Sunday Times. Crazy fun is guaranteed! Although Rijeka has a rich history, it is not confined but instead pulsates in the dynamic rhythm of everyday life. But when the lights go out and many cities become still, Rijeka remains alive and vibrant in its cafes and restaurants with outstanding gastronomic offer and, of course, in the clubs where fun for the young lasts long into the night.

DISCOVER THE SURROUNDING AREA

If you ever wish to replace the blue of the sea with the greenery of the forest, urban dynamics with the quiet of a secluded beach, city streets with romantic historical towns, modernity with tradition, tranquillity with adrenaline, travel by car, by bicycle on the well-maintained bike trails, or on foot and explore the rich surrounding area of Rijeka with its tourist gems of Kastav, Kraljevica, Bakar and Kostrena, Viškovo, Jelenje, Klana and Čavle. Each of them will offer a unique and interesting story in which you are not just spectators, but the most important protagonists. From everything that surrounds you, you will put together the mosaic yourself, according to your preferences. And this is exactly why you have chosen Rijeka, right?

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- Apoxyomenos on the island of vitality!
- A year-round offer inspired by health and vitality, as well as with Apoxyomenos and the Antiquity!
- The Apoxyomenos Museum and the Lošinj Museum are a must see!
- Islands with more than 200 dolphins

The mild climate, the rich biodiversity, the pleasant atmosphere and the many and diverse attractions – are just some of the epithets describing the Lošinj archipelago. The tradition of health tourism longer than 125 years is an important segment of the offer, a combination of the scents of the dense pine forests and medicinal herbs and the sea aerosols create a unique aromatherapy in the open.

The rich cultural heritage that dates back to Antiquity, except in architecture has left traces in the local customs, stories and legends.

Certainly, one of the most important underwater archaeological finds is the APOXYOMENOS – a masterpiece of Croatian and world cultural heritage (2nd – 1st century B.C.). The antique bronze statue of a young athlete, 192 cm tall, extracted from the sea between the small island of Vele Orjule and the island of Lošinj on April 27th 1999, is the only large bronze found on the east Adriatic coast.

In April 2016 the unique museum of the Apoxyomenos was opened in Mali Lošinj, which definitely needs to be visited, and it is opened for visitors all year round, while the recent history of the islands of Lošinj is presented in the Lošinj museum.

A must see:
- Museum of the Apoxyomenos
- Lošinj museum – three locations, two islands, one museum: Firtzi Palace in Mali Lošinj, the Tower in Veli Lošinj and the archaeological collection of Osor!
- Garden of fine scents
- Plavi svijet - Blue world - Institute of Marine Research and Conservation
The natural beauty, with the top quality air and sea stand out along the 280 km of scented promenades and footpaths (Promenade of vitality, the Dolphins’ path, Promenade of Lošinj’s captains...), over the magical beaches and the many hidden coves. The offer of the island is enriched with numerous sports and adrenalin activities:

To do list:
- Dolphin watching tour (www.island-losinj.com)
- Undersea archaeological park (www.diver.hr)
- Aquapark Čikat (www.camp-cikat.com)
- Jeep adventure (www.losinjadventure.com)
- Panoramic flights (www.airportmalilosinj.hr)
- Enduro bike rides (www.e-mocija.hr)
- Lošinj half-marathon (www.ak-losinj.hr)
- Tours of the nearby islands (Susak, Ilovik, Unije, Srankane, Orjule ...)
- Viewpoint Providenca

Known are also the locations of Punta Križa, famous for its biodiversity, Ustrine with the beautiful view and the ancient Osor. Our Belej, Sveti Jakov, Nerezine, Ćunski, Artatore and Veli Lošinj are the pearls of the archipelago of Lošinj.

Feel Lošinj – more than 200 events per year!

...if you visit Lošinj at any time of the year, all your senses will enjoy! Take a deep breath... Look... Taste... Touch... Listen...

FEEL LOŠINJ – AN ISLAND OF VITALITY, your island oasis!
KVARNER HEALTH
HOSPITALS AND CLINICS

17 Clinical Hospital Center Rijeka
18 Community Health Center
19 Emergency Medicine Institute
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21 Health Resort Veli Lošinj
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23 Polyclinic Terme Selce
24 Special Hospital Dr. Nemec
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The Clinical Hospital Center Rijeka is one of five clinical hospital centers in Croatia and the central hospital institution of the western part of Croatia. CHCR provides a full spectrum of services within its 36 medical departments. CHCR is situated on three locations (Rijeka, Sušak and Kantrida).

Advanced medical equipment and technology in use:
- SIEMENS SOMATOM Definition Flash high-class 256-slice CT
- Philips Cardiovascular and Pediatric high-class Ultrasound Machine
- 8 Drager ventilators
- Confocal laser endomicroscopy system CELLVIZIO
- Latest generation video endoscopy system - VIDEOLAPAROSCOPE EXERA III

Employee structure:
- 1,069 employees
- 1,284 medical nurses and technicians
- 576 doctors and resident physicians

Hospital bed capacity:
- 1,069

Annual number of procedures:
- 2,818,186 outpatient services
- 26,198 major surgical procedures

Services:

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<th>Physical and Rehabilitation Medicine</th>
<th>Dental medicine</th>
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<td>Clinical Cytology</td>
<td>Obstetrics and Gynecology</td>
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<td>Clinical Psychology</td>
<td>Infectious Diseases</td>
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<td>Anesthesiology and Intensive Care Medicine</td>
<td>Radiation Oncology</td>
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The main activity of the Community Health Center is offering health services on the primary health protection level: family medicine, paediatrics, gynaecology, dental medicine, community health services, occupational medicine and laboratory diagnostics, as well as certain services from the area of secondary health care: X-ray diagnostics, internal medicine, ophtalmology, psychiatry, physical medicine and rehabilitation, surgery, oral surgery, dental prosthetics, orthodontics, haemodialysis, in-patient clinic with 14 beds in Mali Lošinj and three mobile teams of palliative care.

Advanced medical equipment and technology in use:
- X-ray diagnostics – digital X-ray, ultrasound, digital mammography machine with digital tomosynthesis, densitometer
- Internal medicine - ergospyrometer, ergometer, heart ultrasound;
- Physical medicine – shock wave, short-wave therapy machine, electrotherapy machine, magnetic therapy machine;
- Ophthalmology – alto refractoceratometer, lensmeter, ultrasound with pachymeter, biomicroscope with tonometer;
- Haemodialysis – dialysis machines;
- Laboratory diagnostics – urine flow cytometry device Sysmex UX-2000, device for chemiluminescent hormone and tumour marker measurement in serum Beckman Coulter Unicell DXi-600

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</tr>
</tbody>
</table>

Employee structure:
638

Annual number of patients:
296,195
Emergency Medicine Institute

Emergency Medicine Institute of the Primorje-Gorski Kotar County is a health facility that provides non-hospital-based urgent care, performs emergency healthcare measures for suddenly ill and/or injured people at the scene of the accident, ensures their urgent transportation to an appropriate health facility and their healthcare during transportation. The Centre opened on November 1st 2011.

Emergency Medicine Institute has branch offices in 10 locations. Apart from Rijeka, where its headquarters are situated, the Centre operates in the following locations: Crikvenica, Opatija, Rab, Krk, Mali Lošinj, Cres, Delnice, Vrbovsko, and Čabar (Prezid).

Emergency Medicine Institute has at its disposal 44 modern ambulance vehicles, with all the necessary medical equipment that modern urgent care requires.

Since July 8th 2015, Emergency Medicine Institute holds the ISO 9001:2008 certificate, an international standard for establishing quality management systems.

Employee structure:

<table>
<thead>
<tr>
<th>45 medical doctors</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 nurses / medical technicians</td>
</tr>
<tr>
<td>65 ambulance drivers</td>
</tr>
</tbody>
</table>

Employee structure:

<table>
<thead>
<tr>
<th>45 medical doctors</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 nurses / medical technicians</td>
</tr>
<tr>
<td>65 ambulance drivers</td>
</tr>
</tbody>
</table>

Annual number of procedures:

<table>
<thead>
<tr>
<th>27 283 emergency interventions in the field</th>
</tr>
</thead>
<tbody>
<tr>
<td>18 033 outpatient examinations in the resuscitation area</td>
</tr>
</tbody>
</table>

Services:

- Providing all medical measures and procedures included in non-hospital-based urgent care
- Urgent transport of patients with a life-threatening condition from one health facility to another, in Croatia or abroad
- Transport of injured and/or ill foreign citizens to their country with adequate medical escort.

The Primorje-Gorski Kotar County is the birthplace of modern medicine in Croatia. The first organised emergency service in Croatia was founded in the city of Opatija on January 14th 1894, which is also the day of the Emergency Medicine Institute.

Contact info:

- +385 (0)51 554 160
- +385 (0)51 671 649

ravnatelj@zzhm-pgz.hr

www.zzhm-pgz.hr
The Haemodialysis Polyclinic Interdial started working in 1995, and since 2011 it operates within the group Fresenius Medical Care. The clinic is located in Ivana Matetića Ronjgova 6 street in Opatija. The clinic has 12 dialysis stations and a dialysis hall equipped with TV sets. The meal is included in the price of the dialysis. Every year more than 300 tourist dialysis treatments are performed in the polyclinic, and so far this service has been used by the patients from about 20 countries from all over the world.

We use dialysis machines Fresenius Medical Care 5008S and disposable material for dialysis Fresenius Medical Care.

Employee structure:

- 5 nurses
- 2 physicians

Annual number of operations/therapy:

- 4500 haemodialysis /haemodiafiltration procedures

Services:

- Haemodialysis
- Haemodiafiltration

Contact info:

- +385 (0)51 703 118
- +385 (0)51 701 672
- interdial@fmc-ag.com
- www.fresenius.hr/Dijaliznicentri/PoliklinikaInterdial.aspx
The Health Resort Veli Lošinj continues on the 130-year long tradition of treating pulmonary diseases. It is situated on the island of Lošinj within the protected park-forest Podjavori. There are about 35 employees at the Health Resort Veli Lošinj, 15 of whom are medical staff. Health services are offered in the clinics of physical medicine and rehabilitation, dermatology, dental medicine and studios of physical therapy and the inhalation studio.


The Health Resort Veli Lošinj primarily treats allergic diseases of the pulmonary system and skin, psoriasis and the diseases of the motion system by using natural medicinal factors under expert supervision by specialist physicians.

Employee structure:

<table>
<thead>
<tr>
<th>Position</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 medical nurses</td>
<td></td>
</tr>
<tr>
<td>4 physical therapists</td>
<td></td>
</tr>
<tr>
<td>Physical medicine and rehabilitation specialist</td>
<td></td>
</tr>
<tr>
<td>Specialist dermatologist</td>
<td></td>
</tr>
</tbody>
</table>

Annual number of procedures:

<table>
<thead>
<tr>
<th>Procedure Type</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>30 000 overnight stays</td>
<td></td>
</tr>
<tr>
<td>3 000 specialist examinations</td>
<td></td>
</tr>
<tr>
<td>1500 patients for physical therapy</td>
<td></td>
</tr>
</tbody>
</table>

Total capacity:

<table>
<thead>
<tr>
<th>Capacity Type</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>180 beds</td>
<td></td>
</tr>
</tbody>
</table>

Services:

- Rehabilitation of pulmonary illnesses
- Physical medicine and rehabilitation
- Dermatology
- Dental medicine
- Preventive and training health programmes
- Organization of seminars, congresses, workshops, etc.
- Catering and tourist services

Contact info:

+385 (0)51 236 111  
+385 (0)51 236 224

info@ljeciliste-veli-losinj.hr
www.ljeciliste-veli-losinj.hr
The Polyclinic Medico was founded in 1991 and it is the leading private medical service provider in the region. In the modern and well equipped premises, the Polyclinic with the Day hospital offers specialist clinical examinations, recommendations and consultations, with laboratory and radiology diagnostics. In 2 operating theatres specialists perform day surgery in the fields of general, aesthetic and plastic surgery, neurosurgery, urology, otorhinolaryngology, ophthalmology, orthopedics, gynecology, gastroenterology, as well as day therapies in several specialties.

It holds the ISO 9001 certificate since 2001 and the Temos certificate “Quality in International Patient Care” since 2013.

Health programs are implemented in cooperation with national and international private health insurance companies such as Allianz Worldwide Care, AP Companies, AXA PPP International, Balt assistance, Bupa International Worldwide Care, Croatia zdravstveno osiguranje, Future Care, Generali osiguranje, Global Voyager, Grawe osiguranje, HTH Worldwide, IMA, International Medical Group, International SOS, Merkur osiguranje, MSH International, Savitar Group, UNIQA osiguranje and Vanbreda/Cigna International.

Employee structure:

- 32 physicians
- 20 medical nurses
- 15 employees in sales/finances/reception
- 5 laboratory technicians
- 4 medical radiology engineers
- 1 specialist of medical biochemistry

Annual number of procedures:

- 1200 procedures
- over 55,000 patients

Services:

- Radiology
- Ophthalmology
- Dermatology and venerology
- Orthopaedics
- Gastroenterology
- Otorhinolaryngology
- Urology
- Neurology
- Pulmonology
- Surgery
- Gynaecology
- Cardiology

Contact info:

- +385 (0)51 263 109
- +385 (0)51 601 154
- medico@medico.hr
- www.medico.hr
POLYCLINIC TERME SELCE

TERME SELCE, the first private polyclinic for physical medicine and rehabilitation in Croatia, founded in 1991, is BIODEX Isokinetic Referential Centre for Croatia. 44+ experts, managed by primarius M.Sc. Ivan Brozičević, MD – general manager and Vlasta Brozičević, MD - Head of department. It is located in a picturesque small town of Selce, only a hundred meters from the Adriatic sea.

Superb 40 diagnostic and 250 therapeutical procedures in 6 specializations, of which the core is physical medicine, rehabilitation and rheumatology, provided excellent results for more than 30,000 patients from 86 countries. We collaborate with leading world clinics and experts.

Holistic and individual approach, fast and safe rehabilitation, advanced technology (Orthokine therapy, MBST, ESWT, 3D spine decompression therapy), special tailor-made programmes, unique *TS Scoring System and *DRVB Method, ISO 9001 certificate, TERME SELCE Know-how.

With more than 20 awards, initiatives, projects and events organized, we have created a new dimension of health tourism.

We have treated 120 world champions and Olympic Games winners, our patients are: Luka Modrić, Janica and Ivica Kostelić, Ivan Rakitić, Kale Palander and many others.

Contact info:
+385 (0)51 764 055
+385 (0)51 768 310
info@terme-selce.hr
www.terme-selce.hr

Employee structure:

Physiatrists
Rheumatologist
Cardiologist
Orthopaedist
Neurologist
Dermatovenerologist
Vascular surgeon
Urologist
Radiologist
Clinical and sport psychologist
Senior medical nurse
Physical therapist
Masseuses and beautician
Kinesiologists

Services:

Physical therapies and rehabilitation of the locomotor system
Postoperative rehabilitation of hip/knee/shoulder/spine
Neurorehabilitation
Sports injuries and sports programme
Arthrosis programme
Spine programme
Manager’s check-up for individuals/groups
Weight loss programme
Well-being and Rejuvenation programme

Annual number of procedures:

250 therapeutic procedures
78 071 procedures per year
The Special Orthopaedic Hospital Dr. Nemec is a top-level institution dedicated to the surgical treatment of musculoskeletal injuries. It was opened in 2004 and today more than a quarter of our patients come from abroad. Besides Matulji, orthopaedic examinations are regularly performed in specialized out-patient clinics in Zagreb, Split, Zadar and Dubrovnik. Our professional team of surgeons, in cooperation with supporting medical staff, performs orthopaedic examinations, diagnostics, orthopaedic procedures and early postoperative rehabilitation of patients. We use modern and scientifically proven operative techniques in treating our patients and ensure early and efficient postoperative recovery.

Our key principle is an individualized approach to each patient from the moment they enter our hospital, until the early rehabilitation period following surgery. Regular check-ups and cooperation with our collaborative rehabilitation facilities are mandatory for successful results at the end of a treatment. Happy and satisfied patients confirm the benefits of our philosophy.

The Hospital is equipped with two X-ray machines, a modern ultrasound diagnostic machine as well as Game Ready and Kinetec machines for early postoperative rehabilitation. In everyday work we use the latest models of hip and knee endoprosthesis, arthroscopy equipment, and other different orthopaedic implants intended for ligament reconstruction, cartilage regeneration and bone fracture treatment.

Employee structure:
- 5 orthopaedic surgeons
- 1 anaesthesiology and reanimation specialist
- 10 medical and scrub nurses
- 2 physiotherapists
- 1 medical radiology engineer

Annual number of procedures:
- 1 000 major surgical procedures

Services:
- Knee surgery
- Hip surgery
- Shoulder surgery
- Foot & ankle surgery
- Fracture treatment
- Pediatric orthopaedics
- X-ray and US diagnostics
- Orthopaedic examinations

Contact info:
- +385 (0)51 277 350
- +385 (0)51 273 901
- info@bolnica-nemec.hr
- www.bolnica-nemec.hr
The Primorje-Gorski Kotar County Teaching Institute of Public Health is a health institution which conducts public health activities in the area of Kvarner. It is one of four leading Teaching Institutes of Public Health in Croatia. The Institute has an integrated quality system.

Advanced medical equipment and technology in use:
- mass spectrometer and tandem mass spectrometer
- gas chromatograph with mass spectrometer
- gas chromatograph with tandem mass spectrometer
- liquid chromatograph with tandem mass spectrometer
- mass spectrometer with inductively coupled plasma
- methods for bacteria identification
- immuno-analysers, live-image microscope
- DNA-isolating device & RT-PCR

We hold the patented guarantee stamp “Gluten free” by the State Intellectual Property Office, and we hold the quality certificates HRN EN ISO/IEC 17025:2007 and HRN EN ISO 9001:2008

Today the Institute carries the title “teaching”, because it represents the centre for preventive public health education on the scientific and professional level.

Employee structure:

<table>
<thead>
<tr>
<th>Position</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>51 medical doctors</td>
<td></td>
</tr>
<tr>
<td>41 graduated sanitary engineers</td>
<td></td>
</tr>
<tr>
<td>21 laboratory engineers</td>
<td></td>
</tr>
<tr>
<td>20 sanitary technicians</td>
<td></td>
</tr>
<tr>
<td>14 senior medical nurses</td>
<td></td>
</tr>
<tr>
<td>14 laboratory technicians</td>
<td></td>
</tr>
<tr>
<td>4 medical nurses</td>
<td></td>
</tr>
<tr>
<td>3 sanitary engineers</td>
<td></td>
</tr>
<tr>
<td>1 physical therapy technician</td>
<td></td>
</tr>
</tbody>
</table>

Annual number of procedures:

<table>
<thead>
<tr>
<th>Description</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>More than 188 000 microbiological samples</td>
<td></td>
</tr>
</tbody>
</table>

Services:

<table>
<thead>
<tr>
<th>Department</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department of Social Medicine</td>
<td></td>
</tr>
<tr>
<td>Health-Ecological Department</td>
<td></td>
</tr>
<tr>
<td>Microbiological Department</td>
<td></td>
</tr>
<tr>
<td>Epidemiological Department</td>
<td></td>
</tr>
<tr>
<td>Department for the Protection of Mental Health, Prevention and Outpatient Treatment of Addiction Diseases</td>
<td></td>
</tr>
<tr>
<td>Quality Department</td>
<td></td>
</tr>
<tr>
<td>Department of School and University Medicine</td>
<td></td>
</tr>
<tr>
<td>Administration Department</td>
<td></td>
</tr>
<tr>
<td>Department for Legal, Personnel and General Affairs</td>
<td></td>
</tr>
<tr>
<td>Department for Controlling and Revision</td>
<td></td>
</tr>
<tr>
<td>3 Centres and 7 branches</td>
<td></td>
</tr>
</tbody>
</table>

Contact info:

+385 (0)51 334 530
+385 (0)51 213 948
ravnatelj@zzjzpgz.hr
www.zzjzpgz.hr
Thalassotherapy Crikvenica – the special hospital for medical rehabilitation is a medical rehabilitation center with a hundred years of tradition in rehabilitation, health care prevention and medically aimed holiday. The location of Thalassotherapy is the area with proven beneficial climatic characteristics, affluent sea aerosol, no allergens or pollution which is particularly beneficial for chronic and allergy difficulties of the respiratory system and the locomotor system.

In 2015, a new Medical Rehabilitation Center was built, which satisfies all contemporary standards in medical rehabilitation and positions the institution at the very top of all rehabilitation centers in the region. The most up-to-date diagnostics and rehabilitation technics and methodologies are provided on more than 2,000 m² of useful area, which in combination with professional interdisciplinary medical teams and natural benefits of the destination results in a fantastic success in physical and respiratory rehabilitation.

Employee structure:

- 15 physicians (specialists and subspecialists)
- 20 physical therapists
- 30 medical nurses
- 65 accompanying staff

Services:

- Respiratory rehabilitation
- Physical medicine and rehabilitation
- Pediatrics, pediatric pulmonology and allergology
- Pulmonology
- Otorhinolaryngology
- Cardiology
- Dermatology
- Baromedicine
- Catering services
- Accommodation

Contact info:

+385 (0)51 407 666
+385 (0)51 785 062
info@thalasso-ck.hr
www.thalasso-ck.hr

Annual number of procedures:

- 30 000 users of rehabilitation programmes and procedures in polyclinic
- 5 000 users on stationary rehabilitation and stay

Total capacity:

- 290 beds
Thalassotherapia Opatija is also the Clinic for Treatment, Rehabilitation and Prevention of Heart and Blood Vessel Diseases of the University of Rijeka’s Faculty of Medicine, Teaching Base of the University of Rijeka’s Faculty of Medicine, Teaching Base of the Faculty of Medicine in Osijek, Referential Centre for Health Tourism and Medically Programmed Holiday by the Ministry of Health and the Referential Centre for Cardiological Rehabilitation.

Advanced medical equipment and technology in use:
- Radiology: MRI, MSCT, X-ray
- Cardiology: 3D and 4D heart ultrasound, TEE, TILT TABLE
- Physical medicine: Isokinetic device, CPT – radiofrequency device , Compex, Vakusak – hypobaric therapy, EMS – Radial shock wave, densitometry

Employee structure:
- Cardiology
- Rheumatology
- Physical medicine and rehabilitation
- Neurology
- Dermatology
- Esthetic and plastic surgery
- Psychology

Annual number of procedures:
- 325,000

Services:
- Clinic for Treatment, Rehabilitation and Prevention of Heart and Blood Vessel Diseases
- Physical medicine
- Dermatology
- Neurology
- Laboratory
- Radiology
- Psychology
- Sports medicine
- Health tourism
- Medical Spa
- Plastic and Aesthetic surgery

Contact info:
- +385 (0)51 202 616
- +385 (0)51 202 856
- thalassowellness.opatija@ri.t-com.hr
- www.thalassotherapia-opatija.hr

We have won the Certificate for High Professional Standards.
KVARNER HEALTH
DENTAL CLINICS

29 Dental Center Kalmar Implant Dentistry
30 Dental Clinics Rident
31 Dental Medicine Center Orto-Nova
32 Dental Polyclinic Dr. Jelušić
33 Polyclinic Smile
DENTAL CENTER KALMAR
IMPLANT DENTISTRY

The Dental Center Kalmar Implant Dentistry offers services of implantology, surgery, prosthetics, orthodontics, parodontology, pediatric stomatology and digital diagnostics. We also have our own dental laboratory, which enables a direct communication among the patient, dental technician and the physician. Our dental offices offer a series of services, guaranteeing the highest standards and reasonable prices – from the first examination and consultation with the physician free of charge to complex implantology operations.

The equipment we use is made by world renowned and certified manufacturers. We have the most modern equipped offices including the surgery office, X-ray cabinet, dental laboratory equipped with most modern CAD/CAM technology and the area for central sterilization.

We hold the ISO 9001:2008 certificate, and we have won the Clinical Masters in Implant Dentistry award.

We are soon going to open a new clinic with 11 most modern offices and a dental laboratory within the clinic.

Employee structure:

<table>
<thead>
<tr>
<th>10 dental medicine doctors</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 dental assistants</td>
</tr>
<tr>
<td>9 dental technicians</td>
</tr>
<tr>
<td>3 administrators</td>
</tr>
<tr>
<td>2 receptionists</td>
</tr>
</tbody>
</table>

Services:

<table>
<thead>
<tr>
<th>Implantology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surgery</td>
</tr>
<tr>
<td>Prosthetics</td>
</tr>
<tr>
<td>Orthodontics</td>
</tr>
<tr>
<td>Parodontology</td>
</tr>
<tr>
<td>Children stomatology</td>
</tr>
<tr>
<td>Digital diagnostics</td>
</tr>
<tr>
<td>Dental laboratory</td>
</tr>
</tbody>
</table>

Annual number of procedures:

Over 1 000

Contact info:

📞 +385 (0)51 262 363
✉️ +385 (0)51 262 370

info@kalmardent.com
www.kalmardent.com
DENTAL CLINICS RIDENT

Rident was founded in 2004 in Rijeka and in 2013 it opened its branch in Poreč. With its two clinics, 36 offices, 3 dental laboratories, 2 surgical departments and 2 radiology departments, Rident offers to its patients a comprehensive dental service.

Employee structure:

<table>
<thead>
<tr>
<th>Employee Structure</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>81 dental technicians</td>
<td></td>
</tr>
<tr>
<td>47 assistants</td>
<td></td>
</tr>
<tr>
<td>41 dental medicine physicians</td>
<td></td>
</tr>
<tr>
<td>2 oral surgery specialists</td>
<td></td>
</tr>
<tr>
<td>1 periodontology specialist</td>
<td></td>
</tr>
<tr>
<td>1 orthodontics specialist</td>
<td></td>
</tr>
<tr>
<td>1 prosthetics specialist</td>
<td></td>
</tr>
<tr>
<td>1 pedodontics specialist</td>
<td></td>
</tr>
</tbody>
</table>

Annual number of procedures:

45 000

Rident’s surgery team takes part of the web platform Leading Implant Centres which gathers the best world professionals in implantology. Since 2008 Rident is a scientific-teaching base of the Faculty of Medicine in Rijeka.

Rident’s foreign patients, which are private insurance holders, have the right to obtain premium payment conditions from their insurances presenting the documentation prepared by their selected dental medicine physician and a translated bill of all the dental services.

Services:

Preventive dental medicine
Conservative dental medicine
Fixed and mobile prosthetics
Implantology
Oral surgery
Periodontology
Orthodontics
Pedodontics
Radiology
Dental Laboratory
Digital Smile Design

Contact info:

Rijeka:
+385 (0)51 648 900
+385 (0)51 648 928

Poreč:
+385 (0)52 496 350
+385 (0)52 496 355

rident@rident.hr
info.porec@rident.hr
www.rident.hr
DENTAL MEDICINE CENTER
ORTO-NOVA

The Dental Medicine Center Orto-Nova is one of the most renowned representatives of Croatian Dentistry with a growing reputation. Since 2009, when the Center first opened its doors, there is an increasing number of patients coming to Orto-Nova for dental services.

Our goal is to provide all dental medicine services in one place with the use of state of the art equipment, latest techniques and technologies, and high quality materials, which is a prerequisite for achieving high quality standards.

The modern and comfortable ambience of our Center is situated in Kantrida, an easily accessible location in the city of Rijeka. It consists of 12 completely equipped dental offices, offering a wonderful view of the Kvarner Bay, making Your stay even more pleasant. The Clinic offers free parking in front of the Center.

Advanced medical equipment and technology used, such as: 3D CT, Nobel Procera CAD CAM, 3Shape CAD CAM, Masteflux, Planmeca Promax 3D Proface, intravenous and inhalation sedation.

Award winner of Recommended Clinic for Nobel Biocare Implants.

Contact info:
☎️ +385 (0)51 829 600
☎️ +385 (0)51 829 610
info@orto-nova.hr
www.orto-nova.hr

Employee structure:

- 10 dr.med.dent.
- 1 orthodontics spec.
- 1 dr. of dental surgery
- 5 dental technicians
- 1 dr.med. anesthesiologist-resuscitation specialist

Annual number of procedures:

- More than 2 000 implants

Services:

- Implantology
- Orthodontics
- Oral surgery
- Prosthetics
- Periodontology
- Aesthetic dental medicine
- Preventive dental medicine
- Paediatric dental medicine
Dental Polyclinic Dr. Jelušić is a specialized health institution which offers services from all areas of dental medicine in one place, with particular emphasis on implantology, periodontology, and aesthetic stomatology. The head of the dental team is Dr. Damir Jelušić, internationally renowned expert in the area of implantology. Owing to the highly educated dental team, the most up-to-date technology and continuous education – all patients have the best possible care with a completely individualized approach at their disposal.

Advanced medical equipment and technology in use:
- 3D diagnostics
- Computer guided implantology (NobelClinican)
- NobelBiocare implantation system
- CAD/CAM laboratory technology, Nobel Procera
- CEREC - Sirona

We are a member of the prestigious European implantology association ECDI – according to which we have been listed among the best implantology centers in Europe, and we are also the Bone Management Competence Center.

Contact info:
☎️ +385 (0)51 718 050
✉️ +385 (0)51 706 401
dr@jelusic.com
www.jelusic.com
POLYCLINIC SMILE

The Polyclinic Smile began with its activity in May 2011 by opening the first clinic near the Slovenian - Croatian border. Doctor Slovša, its founder, is one of the leading implantologists (oral surgeons) in Croatia. The experience of more than 13,500 successfully placed implants, the titles "Master of Oral Medicine in Implantology (MOM implantology)" and "Master of Science in implantology and dental surgery (M.Sc.)" issued by the International School of Medicine (IMC), University Westfälische Wilhelms University of Münster, Germany, distinguish doctor Slovša among others.

Today, Smile operates in two dental clinics (Opatija and Šapjane), using complete digital dentistry, one stop shop clinic with the highest level of quality guaranteeing to clients an uncompromising service quality and expertise.

Employee structure:

- 2 oral surgeons
- 6 dentists
- 11 dental assistants
- 1 dental technician
- 7 reception desk personnel
- 6 administrative and back office personnel

Annual number of procedures:

- 6,894

Smile clinics are certified Bone management competence centers and the Croatian center of excellence for some of the world’s leading manufacturers of dental equipment such as Planmeca, Melag and Fotona.

Smile is the first clinic in the region with the ISO 9001 certificate for oral surgery and implantology issued by SGS Switzerland.

Everyone Smiles in the same language.

Services:

- Diagnostics
- Oral surgery
- Implantology
- Bone grafting
- Plasma (PRP) treatments
- General anesthesia and sedation
- CT and radiology
- Prosthetics
- Smile design
- Conservative dentistry
- Endodontics
- Pedodontics
- Dental laboratory
- Anti-ageing treatments

Contact info:

+385 (0)51 561 400
+385 (0)51 706 600
info@smile.hr
www.smile.hr
KVARNER HEALTH
EDUCATIONAL INSTITUTIONS

35  Faculty of Medicine
36  Faculty of Tourism and Hospitality Management
37  Teaching School Lovran - Wellness Academy
The University of Rijeka Faculty of Medicine was founded in 1955 and during the last six decades it developed into a higher education, scientific institution with excellent reputation in Croatia and abroad. The Faculty of Medicine simultaneously develops and conducts educational, professional and scientific-research activities. Besides the quality of the educational process and a pleasant learning environment, studying at the Faculty of Medicine in Rijeka represents a particular pleasure owing to numerous sport and social activities by the student organization, as well as for a pleasant Mediterranean and middle European surroundings offered by the city.

The Faculty of Medicine in Rijeka is open for everyone who is interested in establishing a joint cooperation on some of the scientific-research or technological projects conducted at our Faculty.

University study:

### Integrated undergraduate and graduate university studies:
- Integrated undergraduate and graduate university study Medicine
- Integrated undergraduate and graduate university study Dental Medicine

### Doctoral study
- Biomedicine
- Health and Ecological Engineering

### Post-graduate specialist study
- Family medicine
- Development age biomedicine
- Health management
- Gynaecology and Obstetrics
- Orthopaedics and traumatology
- Psychiatry
- Ophthalmology
- General internal medicine
- Cardiology
- Gastroenterology
- Endocrinology and diabetology
- Internist oncology
- Clinical pharmacology with toxicology: medication testing and application
- Anaesthesiology, reanimatology and intensive medicine

Contact info:

- +385 (0)51 651 111
- +385 (0)51 675 806
- dekanat@medri.hr
- www.medri.uniri.hr
The Faculty of Tourism and Hospitality Management, as a constituent of the University of Rijeka, in accordance with the faculty’s longstanding activity (from 1960) and with its mission of ensuring and developing excellence in the field of tourism, hospitality industry and sustainable development performs programmes on the undergraduate, graduate and doctoral level, as well as a wide range of lifelong learning programs.

The Faculty has participated in numerous Scientific, Professional and EU Founded Projects and since 1995 has been publishing the journal “Tourism and Hospitality Management”.

The Faculty was acknowledged in 2009 and 2015 by SACEN INTERNATIONAL as the best institution of its kind in South Eastern Europe, and in 2011 it was awarded the Anton Štifanić award for its contribution to the development of Croatian tourism. In 2012 the Faculty was listed by the UNWTO (World Tourism Organization) as one of the leading 120 educational institutions worldwide.

In cooperation with the Faculty of Medicine and Faculty of Humanities and Social Sciences, the Faculty of Tourism and Hospitality Management has founded the postgraduate specialist university study programme “Health Tourism”.

Contact info:

+385 (0)51 294 706
+385 (0)51 291 965
dekanat@fthm.hr
www.fthm.uniri.hr

University of Rijeka

Education:

<table>
<thead>
<tr>
<th>Undergraduate university study</th>
<th>Postgraduate university doctoral study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Business Administration in Tourism and Hospitality</td>
<td>Business Administration in Tourism and Hospitality</td>
</tr>
<tr>
<td>Management of Sustainable Development</td>
<td>Management of Sustainable Development</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Graduate university study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tourism Marketing</td>
</tr>
<tr>
<td>Tourism Management</td>
</tr>
<tr>
<td>Hospitality Management</td>
</tr>
<tr>
<td>Sustainable Tourism Development</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Postgraduate specialist study</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Tourism</td>
</tr>
<tr>
<td>Management in Tourism and Hospitality</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Lifelong Programmes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food and Beverage Specialist</td>
</tr>
<tr>
<td>Hotel Housekeeping Manager</td>
</tr>
<tr>
<td>Chinese Business Communication in Tourism for Beginners</td>
</tr>
<tr>
<td>Chinese Language in Tourism for Beginners</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>USALI &amp; Benchmarking in the Hotel Industry</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foreign Language Courses</td>
</tr>
<tr>
<td>Health Tourism in SME</td>
</tr>
<tr>
<td>Seminar for Tourist Guides</td>
</tr>
<tr>
<td>Seminar for Travel Agency Office Managers</td>
</tr>
</tbody>
</table>
The Wellness Academy offers the education of personnel in the sectors of health tourism and health-tourist lifestyle and educational travel. Since 2000 we are operating within the Hotel Lovran in Lovran. We are located near the sea and the promenade below the Nature Park Učka. Our offer is intended for health related experts and individuals who want to develop their health and the quality of life through life-long learning and gaining healthy habits.

Employee structure:

<table>
<thead>
<tr>
<th>Physician</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical therapist</td>
</tr>
<tr>
<td>Beautician</td>
</tr>
<tr>
<td>Yoga coach</td>
</tr>
<tr>
<td>Master of journalism</td>
</tr>
<tr>
<td>2 graduated economists</td>
</tr>
</tbody>
</table>

We introduced the internal quality standard and the standard by the German Wellness Association (Deutsche Wellness Verband).

We are participants of 4 EU projects – in the sector of education, health, tourism and human resources.

Services:

Life-long education:

<table>
<thead>
<tr>
<th>Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complementary medicine</td>
</tr>
<tr>
<td>Yoga &amp; autogenic training</td>
</tr>
<tr>
<td>Nutritionism</td>
</tr>
<tr>
<td>Aromatherapy</td>
</tr>
</tbody>
</table>

Healthy long-stay programmes:

<table>
<thead>
<tr>
<th>Mediterranean wellbeing programme</th>
</tr>
</thead>
<tbody>
<tr>
<td>Naturopathic spine healing programme</td>
</tr>
<tr>
<td>Naturopathic well sleep programme</td>
</tr>
<tr>
<td>Advertising and promotion web site: <a href="http://www.wellness.hr">www.wellness.hr</a></td>
</tr>
</tbody>
</table>

Contact info:

+385 (0)51 293 851
+385 (0)51 292 451
info@wellness.hr
www.akademija.wellness.hr
Kvarner Health Hotels

39 Jadran Hotels
40 Lošinj Hotels and Villas
41 Milenij Hotels
The company Jadran hoteli d.d. with the seat in Rijeka, Strossmayerova Street 1, offers services of accommodation and other catering services, as its basic activity, characteristic for tourist (or hospitality) operations, in the area of Rijeka, Kostrena and Kraljevica.

The company began operating as it is today on April 1st 1963, when the company was formed from the then hotel companies Park and Jadran, Neboder, Kontinental and a few minor catering facilities, and in 1965 HP Jadran from Kraljevica joined as well. It started operating as a limited liability company on April 19th 1994.

The significance of these three hotels for the cultural life of the city is witnessed not so much by historical documents, but by the memories of the citizens of Rijeka, and they are often mentioned as central points of Rijeka’s social life.

Services and programmes:

**Organization of congresses**

The hotel has two halls: large hall, with the capacity for 120 persons, and the small hall, with the capacity for 20 persons. Both halls are equipped with modern video and audio equipment.

The price of hall rental includes the accompanying technical equipment: Wifi internet, natural day light, artificial light with the possibility of regulation, air-conditioning, sound, projection screen, LCD projector.

**Hall arrangement and capacity:**

<table>
<thead>
<tr>
<th>Hall arrangement</th>
<th>Capacity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jadran</td>
<td>120</td>
</tr>
<tr>
<td>Congress hall</td>
<td>20</td>
</tr>
<tr>
<td>Meetings room</td>
<td>15</td>
</tr>
<tr>
<td>Theatre</td>
<td>50</td>
</tr>
<tr>
<td>School</td>
<td>/</td>
</tr>
<tr>
<td>U-shape set-up</td>
<td>30</td>
</tr>
<tr>
<td>Boardroom style set-up</td>
<td>30</td>
</tr>
</tbody>
</table>

**Total capacity:**

- 192 rooms

**Hotels in the group:**

- Hotel Jadran 4*
- Hotel Continental 3*
- Hotel Neboder 3*

Contact info:

- +385 (0)51 494 016
- +385 (0)51 216 458
- martina.fucak@jadran-hoteli.hr
- www.jadran-hoteli.hr
Lošinj Hotels and Villas is a hotel brand of the company Jadranka hotels d.o.o., part of the Jadranka Group from Mali Lošinj, which has been in the tourism industry for more than 65 years.

Lošinj is one of the top destinations of medical tourism since 1892, when Veli and Mali Lošinj were proclaimed as “health resorts”. Lošinj boasts outstanding air and sea quality, more than 2860 hours of sunshine a year, a dense pine forest and more than 1,200 species of plants. We have scientifically proven that after a few days’ stay on Lošinj guests, who have disorders of the respiratory organs, breathe more easily.

These natural healing factors are the very foundation of Lošinj Hotels & Villas year-round health tourism offer, which includes pulmonary rehabilitation, detox, anti-stress programs, health preservation programs, and body sculpting and weight loss programs. Experience the perfect harmony of nature with excellent service and individual approach to each guest. Come to Lošinj, enjoy natural aromatherapy and breathe deeply. Welcome!

Services and programmes:

- Wellness medical services
- Internist services
- Pediatric services
- Nutritionist services
- Programmes of pulmonary rehabilitation, lung recovery and fitness exercises
- Body shaping and regeneration programmes
- 26 tennis courts
- Fitness gyms
- Congress halls (for 400 participants)
- Les Mills group exercises
- A la carte restaurants
- Walking and hiking trails
- Artificial climbing rock
- Outdoor fitness
- Bike rental
- Beauty zone
- Kids Club
- Beach Volley
- Excursions

Contact info:

Phone: +385 (0)51 661 101
Fax: +385 (0)51 231 904
Email: iva.gagro@jadranka.hr
Website: www.losinj-hotels.com
MILENIJ HOTELS

The Milenij Hotels are famous for the exquisitely designed hotels, located in the most attractive locations in the centre of Opatija. The hotels have the most famous Opatija cafés with wonderful terraces overlooking the sea, as well as an irresistible offer of local cakes. The gastronomical offer will thrill everyone’s taste, from local specialties, traditional Croatian specialties, fish and meat delicacies to the unique fine dining experience in the Hotel Milenij restaurant Argonauti. To top it all, there is also the Milenij Choco World, a real little chocolate factory where one may see how chocolate and pralines are hand-made into our own chocolate brand. The Milenij Hotels have two wellness centres for complete relaxation – the Royal Spa, for relaxing with a pinch of luxury, and the Wellness Oasis with an offer of treatments with the scents of the Mediterranean.

Services and programmes:
- Yoga, TriYoga, Happy & Healthy Pilates, Qi Gong
- Luxury Spa treatments, Dermaroller, Mediterranean corner treatments, Wellness packages, Retreat programs, Chinese Medicine
- Organization of congresses, seminars, VIP events, gala dinners, parties (13 multipurpose halls)
- Program of various events all year round: entertainment programs, gala concerts, lectures, debates, film projections, stand-up comedy
- Tasting of chocolate, pastry-making workshops, tasting of local delicacies, wine tasting, wine schools
- Kids playground and entertaining programs - plays and workshops

Total capacity:
- 537 rooms

Hotels in the group:
- Hotel Milenij 5*
- Hotel Sv. Jakov 5*
- Grand Hotel 4 Opatijska Cvijeta 4*
- Hotel Continental 4*
- Hotel Agava 4*
- Hotel Royal 4*

Contact info:

+385 (0)51 278 007
+385 (0)51 278 021
info@milenijhoteli.hr
www.milenijhoteli.hr
KVARNER HEALTH
TRAVEL AGENCIES

43 MedAdria Travel Agency
44 My Travel Tourist Agency
45 Travelana Travel Agency
Mediteran Adria d.o.o (brand name MedAdria), one of the leading Croatian incoming tour operators with its own online booking system, was established by Croatian and English partners in 2008.

Since their beginning, the guiding principle has been to offer a holiday tailored according to each customer and contribute to the local population, destinations and the environment.

MedAdria is composed of a team of professionals who do their job with a particular passion and own extensive knowledge about the Croatian tourist offer. In order to create quality products and services, the team carefully follows daily changes and trends both in Croatia and foreign tourist market.

We offer tailor made tourist offers for individual guests and groups
We are the holders of the IATA Accredited Agent Certificate

Contact info:
+385 (0)51 312 280
+385 (0)51 312 023

MedAdria Travel Agency

**Incoming tour operator**
Individual and group packages:
Accommodation, tours, transfer, excursions, guides

**Tourist agency**
Individual and group packages:
Airplane tickets
Accommodation, transfers, tours, excursions
Organization of conference, congress, events and team building
Business travel sector
Medical tourism
Sport tourism
We are a company of trusted and passionate travel specialists who create customised travel packages in Croatia and the nearby region completely based on Your interests - one of a kind vacation package that You will never forget, something unique as You.

We are committed to provide to You an unforgettable and inspiring vacation filled with comfort and joy.

Enjoy Croatia through our road trips, feel Croatia through our Gastro tours, hob and nob with us and You will have the desire to visit Croatia again.

We can help You to unlock all the secrets hidden in the beautiful land we call home.

Services:

- Creating tailor made luxury holidays to suit clients
- DMC operations
- Organising tourist and business trips and stay and mediation of all other services in connection with this
- Selling our own tourist products which we create by combining various types of tourist services
- Providing services in youth, nautical, rural, congress, sports and other forms of tourism

Contact info:

+385 (0)51 498 777
+385 (0)51 499 711
info@mytravel.hr
www.mytravel.hr
www.mycroatiatrip.com
TRAVELANA TRAVEL AGENCY

TRAVELANA d.o.o. travel agency was established in Rijeka in 1994. Our offer is based on long-standing experience. We are offering a recognizable product and quality service for all types of accommodation and accompanying facilities along the Adriatic coast and in continental Croatia.

From the beginning Travelana is a member of the UHPA (Association of Croatian Travel Agencies). We offer a premium product and quality of service, like a DMC specialised agency. We were granted ISO STANDARD 9001:2008.

One of the best awards:
- 2007 “Volim Hrvatsku”, Kvarner Region Tourist Board, winner in the category ‘Best travel agent’
- 2011 “Volim Hrvatsku”, Croatian National Tourist Board, Mrs Ana Predovan-Brkarč, winner in the category “Best travel agency employee” in the whole of Croatia

Our main goal is to become the leader in organizing package arrangements for special interest groups, especially in:
- Medical tourism
- Agricultural tourism
- Cultural tourism with music events
- Other special interest programmes in our region

Services:

Organization of all types of group travel and package arrangements which include accommodation, transfers, guides and excursions.

Accommodation along the entire Adriatic coast and in almost all the larger settlements in continental Croatia in:

- Hotels
- Tourist complexes and apartments
- Private accommodation
- Camps

Contact info:

+385 (0)51 212 780
+385 (0)51 336 562
travelana@rt.com.hr
www.travelana.hr
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www.jadrolinija.hr
KVARNER HEALTH TOURISM CLUSTER

SUPPORTERS:

Ministry of Health
To health, Together.

Ministry of Tourism
REPUBLIC OF CROATIA

Ministry of Science, Education and Sports

Primorje-Gorski kotar County

CVIT

Hrvatska Gospodarska Komora
Croatian Chamber of Economy

City of Rijeka

Sveučilište u Rijeci

University of Rijeka

Kvarner Health Tourism Cluster
CROATIA

info@kvarnerhealth.hr

For detailed information visit:
www.kvarnerhealth.hr